

Amity University Haryana

Amity institute of Behavioral and Allied Sciences

Workshop on “Managing Stress, Trauma and Health Challenges: Practical Approaches for Everyday Life and Difficult Situation”

One day workshop on the topic “ Managing Stress, Trauma and Health Challenges: Practical Approaches for Everyday Life and Difficult Situation” was organized for Students of AIBAS and AICP on 13th October, 2017 at Block A Auditorium. The resource person(s) for the workshop were renowned Professor & Inagural Dean, Faculty of Health at York University Dr.Harvey Skinner, and Dr.Susan Harries, Registered Social Worker, former Director of Programs at Catholic Family Services Peel Dufferin and member of Prof. Skinners Health Coaching Team.

The workshop began with the welcome speech of Prof.(Dr.) Padmakali Banerjee, Pro Vice Chancellor, AUH followed by a speech by Prof.(Dr.) P.B Sharma , Vice Chancellor AUR . Where he emphasized the importance of Managing stress in all spheres of our life's and handling crisis. After this students' technical sessions were conducted by both the resource persons respectively. They imparted knowledge on daily life strategies which students can use to handle difficult situations in a better and effective way. It was a fruitful session for all the participants.The workshop ended with distribution of certificates and vote of thanks by Prof. (Dr.) Rishipal, HOD,AIBAS,AUH.

Attendance List

Sl No.	Name of the Faculty	Designation	
1.	Manpreet Ola	Assistant Professor, AICP,AUH	Present
2	Vikas Sharma	Assistant Professor, AICP,AUH	Present
3.	Dr. Rumki Bandyopadhyay	Dy. Director, I.A and Associate Prof.,ABS,AUH	Present
4.	Anuj Kumar	Assistant Professor and Research Scholar, AMU	Present
5.	Shagun Saxena	Research Scholar, AIBAS, AUH	Present
6.	Preeti Sigamani	Research Scholar, AIBAS, AUH	Present
7.	Ajay Chandorkar	General Manager, GA & HR, YKK India Pvt. Ltd	Present
8.	Pooja Sharma	Manager, GA & HR, YKK India Pvt. Ltd	Present
9.	Jhanvi Jain	Research Scholar, AIBAS, AUH	Present
10.	Dr. Ramya Dwivedi	Assistant Professor, AIBAS	Present
11.	Shiv Swaroop Jha	Assistant Professor, ACC	Present
12.	Arti Singh	Assistant Professor, AIBAS	Present
13.	Swapna M.K.	Assistant Professor, ACON	Present
14.	Abdul Azeez EP	Assistant Professor, AIBAS	Present
15.	Prof. Sanjay Kumar Jha	Director, ASLA	Present
16.	Dr. Tanu Kukreja	Independent Consultant	Present
17.	Ms. Anita Kumari	Research Scholar, ABS, AUH	Present
18.	Sweta Saraff	Research Scholar, AIBAS, AUH	Present
19.	Dr. Vidhi Bhargava	HOD, ACC	Present
20.	Shraddha Awasthi	Assistant Professor, ABS, AUH	Present
21.	Geeta Ravish	Assistant Professor, ABS, AUH	Present
22.	Poonam Sharma	Assistant Professor, ACON, AUH	Present

23.	Dr. Kamini C. Tanwar	Assistant Professor, AIBAS, AUH	Present
24.	Dr. Jyoti Sheoran	Associate Professor, Govt. PG College, Jind (Haryana)	Present
25.	Gagandeep Kaur	Research Scholar, AIBAS	Present
26.	Prof. Kiran Taneja	Vice Principal, ACON	Present
27.	Dr. Pooja Jaiswal	Assistant Professor, ABS, AUH	Present
28.	Akanksha	Research Scholar, AIBAS	Present
29.	Priyanka	Assistant Professor, ABS, AUH	Present
30.	Ms. Ruby Singh	Senior Manager, CRC, AUH	Present
31.	Shiwani Nirwal	Research Scholar, AIBAS	Present
32.	Dr. Nadeem Luqman	Assistant Professor, ABS, AUH	Present
33.	Dr. Meeta Malhotra	Associate Professor, AIBAS	Present
34.	Dr. Anupama Srivastava	Assistant Professor, AIBAS	Present
35.	Prof. Rishipal	HOD, AIBAS	Present

(Dr. Kamini C. Tanwar)

Assistant Professor, AIBAS & Workshop coordinator